



The Human Body

A Complete the sentences.

1. You put a ring on your finger.
2. You put shoes on your _____.
3. You put a watch on your _____.
4. You put a hat on your _____.
5. You put a belt around your _____.
6. You put gloves on your _____.
7. You put makeup on your _____.
8. You put headphones over your _____.



B There are five senses. Write the part of the body you use for each one.

1. hearing: ears
2. seeing: _____
3. touching: _____
4. tasting: _____
5. smelling: _____

C Match the organ and its function.

- | | |
|-------------------|--|
| <u>g</u> 1. liver | a. They help us to breathe. |
| _____ 2. lungs | b. It helps us to digest food. |
| _____ 3. brain | c. It helps us to think and to feel. |
| _____ 4. muscles | d. It pumps blood through the body. |
| _____ 5. stomach | e. They form the skeleton of the body. |
| _____ 6. bones | f. They help to clean the blood. |
| _____ 7. skin | g. It processes many substances in the body. |
| _____ 8. heart | h. It covers the body. |
| _____ 9. kidneys | i. They help us to move the body. |



CD 2
Track 15

D Listen to the directions for each of the three stretches. Complete the directions. Then, write the letter of each exercise under the correct picture.

A. Lie on your back with your _____ bent. Slowly lift your _____ and then your _____ off the floor. Hold for five seconds. Slowly lower your _____ to the floor, starting with your _____.

B. Lie on your _____ with your _____ bent. Keep one _____ bent. Raise the other _____ to the ceiling. Hold the _____ with both _____ and gently pull it toward your _____.

C. Lie on your _____ with your _____ bent. Raise and bend one _____. Hold the _____ with both _____. With your _____, make small circles in the air.



1. _____



2. _____



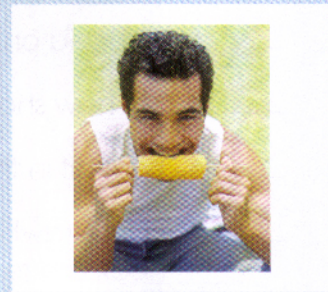
3. _____

Word Work Partners

Write four parts of your body you use to perform each action.









Illnesses, Injuries, Symptoms, and Disabilities

A Look at the picture in your dictionary and complete the sentences.

1. The woman in the green dress has asthma.
2. Her little boy has an _____.
3. The girl in the yellow shirt has _____ in her hair.
4. The boy in the orange shirt has _____.
5. The man in the green shirt has a _____ and a _____.
6. The woman in the black sweatshirt and sweatpants has a _____.
7. The man in the yellow shirt has a _____.
8. The man in the blue shirt and dark glasses is _____.
9. The girl in the green shirt is _____ and _____.
10. The delivery person is _____.

B Match the cause and the illness or injury.

- | | |
|--|---------------------------------|
| <u>c</u> 1. I ate too much. | a. I have a burn on my hand. |
| _____ 2. I fell asleep on the beach. | b. I have a rash. |
| _____ 3. I touched a hot pot. | c. I have a stomachache. |
| _____ 4. I slipped on the ice. | d. I have a bloody nose. |
| _____ 5. My new shoes are too tight. | e. I have a bad sunburn. |
| _____ 6. I got hit in the face with a ball. | f. I have a sprained ankle. |
| _____ 7. I ate strawberries. Now my face and neck are red. | g. I have a blister on my foot. |

C Look at the Word Partnerships in your dictionary. Complete with *have* or *feel*.

- | | |
|---------------------------------|-------------------------|
| 1. I <u>have</u> a sore throat. | 4. I _____ a head cold. |
| 2. I _____ dizzy. | 5. I _____ nauseous. |
| 3. I _____ a bad cold. | 6. I _____ the flu. |

D Circle the correct word.

1. I caught a (cold swollen ankle) from my friend.
2. I fell off my bike and I have a (sunburn sprained wrist).
3. I got a (bruise sore throat) when I hit my leg on my desk.
4. First, my daughter had (measles a blister). Then, my son caught it from her.
5. I drink tea when I have a (swollen ankle sore throat).
6. Children can easily get (acne lice) from one another.
7. My son has (mumps asthma). His face and neck are very swollen.
8. My mother has (measles arthritis) in her hands and knees.



CD 2
Track 16

E Listen to six people call in sick to work. Write the number of the conversation you hear next to the correct problem.

- | | |
|--------------------|-------------------------|
| ___ a. dizzy | ___ d. a stomachache |
| ___ b. a bad cold | <u>1</u> e. the flu |
| ___ c. chicken pox | ___ f. a sprained wrist |

Word Work Small Group

Ask each other about the illnesses and injuries in the chart. Talk or write about your experiences.

A: Did you ever have a bloody nose?

B: Yes. I was about nine years old. I had a fight with my brother, and he hit me!

	Name:	Name:	Name:
a bloody nose	_____	_____	_____
a bee sting	_____	_____	_____
a sprained wrist	_____	_____	_____
a rash	_____	_____	_____
the chicken pox	_____	_____	_____
the mumps	_____	_____	_____
the measles	_____	_____	_____



Hurting and Healing

A Match the picture and the action.



a



b



c



d



e



f

1. The doctor told me to drink a lot of fluids. f
2. The doctor took my temperature.
3. The doctor checked my blood pressure.
4. The doctor drew some blood.
5. The doctor gave me a shot.
6. The doctor told me to take these pills.

B Complete the sentences.

had an allergic reaction

drowned

swallowed poison

began to choke

got an electric shock

burned her hand

~~had a heart attack~~

broke my arm

cut my foot

1. He had a heart attack when he was running a marathon.
2. I _____ when I fell off my bicycle.
3. I _____ when I stepped on a piece of glass.
4. He _____ when he fell out of the boat.
5. He _____ when he was fixing a lamp.
6. She _____ when she was cooking on the grill.
7. He _____ when he was eating a piece of steak.
8. She _____ when she ate some fish.
9. The child _____ when he drank from a bottle of bleach.

C Read the two statements. If the meaning is the same, write **S**. If the meaning is different, write **D**.

- | | | |
|------------------------------------|--------------------------------|---------------|
| 1. a. He took the pills. | b. He took the medication. | <u> S </u> |
| 2. a. He overdosed on drugs. | b. He took too many pills. | <u> </u> |
| 3. a. She burned her hand. | b. She cut her hand. | <u> </u> |
| 4. a. She had a heart attack. | b. She went into shock. | <u> </u> |
| 5. a. The doctor examined the man. | b. The doctor checked the man. | <u> </u> |
| 6. a. He was in pain. | b. He was unconscious. | <u> </u> |
| 7. a. She drank poison. | b. She swallowed poison. | <u> </u> |
| 8. a. Drink fluids. | b. Drink liquids. | <u> </u> |



CD 2
Track 17

D Listen to the conversation between a doctor and a patient. Read each statement and circle **T** for True or **F** for False.

- | | | |
|--|--------------|---|
| 1. The patient is sneezing and coughing. | <u> T </u> | F |
| 2. The patient is vomiting. | T | F |
| 3. The doctor examined the patient. | T | F |
| 4. The doctor took her blood pressure. | T | F |
| 5. The doctor took her temperature. | T | F |
| 6. The doctor gave her a shot. | T | F |
| 7. The patient should return to work tomorrow. | T | F |
| 8. The patient should drink a lot of fluids. | T | F |
| 9. The patient should take four pills a day. | T | F |

Word Work Partners



This woman is at the doctor's office. She feels terrible. Write a short conversation between this patient and the doctor.



Hospital

A Look at the picture of the hospital in your dictionary. Complete the sentences.

1. The emergency room of this hospital is busy today.
2. The _____ are bringing a patient into the emergency room. The patient is lying on a _____.
3. One of the patients in the emergency room has a bad cut on his leg. He is getting _____.
4. A _____ brought some flowers to a patient.
5. The lab technician took some _____ from the patient's arm.
6. A patient in the intensive care unit has an _____ in his arm.
7. The surgeon is performing an _____.
8. The patient is lying on the _____ in the operating room.

B Write one or two items you see in each area of the hospital.

Operating room: latex gloves _____

Emergency room: _____

Intensive care unit: _____

Patient's room: _____

C Match.

- | | |
|---|---|
| <u>f</u> 1. I need a nurse. | a. No, you have to sit in the wheelchair. |
| _____ 2. Is my arm broken? | b. It's B positive. |
| _____ 3. I can walk. | c. Start an IV. |
| _____ 4. What's your blood type? | d. Yes, I donate blood a few times a year. |
| _____ 5. Do you ever give blood? | e. We need to take an X-ray. |
| _____ 6. How bad was the cut? | f. Press the call button. |
| _____ 7. The patient needs more fluids. | g. I needed ten stitches. |

- D** Write about each picture. What happened to each person? What is happening now? What is going to happen?



CD 2
Track 18

- E** Listen to the story about an emergency room patient. Circle *T* if the statement is true. Circle *F* if the statement is false.

- | | | |
|--|---|------------------------------------|
| 1. Henry called for an ambulance. | T | <input checked="" type="radio"/> F |
| 2. Henry had a bad cut on his leg. | T | F |
| 3. The paramedics started an IV. | T | F |
| 4. The paramedics put Henry in a wheelchair. | T | F |
| 5. Henry went to the intensive care unit. | T | F |
| 6. The doctor ordered an X-ray of Henry's arm. | T | F |
| 7. Henry needed an operation. | T | F |
| 8. Henry needed thirty stitches in his arm. | T | F |

Word Work Small Group

Look at the picture in the dictionary. Use your imagination to discuss or write the answers to these questions.

1. Why is the patient pressing the call button?
2. What happened to the man on the stretcher?
3. What did the lab technician just do?
4. Why does the patient in the emergency room need stitches?
5. What is the relationship between the visitor and the patient?
6. What kind of operation is the surgeon performing?



Medical Center

A Write the name of the specialist that each patient is visiting.



1. orthopedist



2. _____



3. _____



4. _____



5. _____



6. _____

B Match the specialist and the description.

g 1. psychologist

_____ 2. acupuncturist

_____ 3. pediatrician

_____ 4. cardiologist

_____ 5. obstetrician

_____ 6. orthopedist

_____ 7. general practitioner

_____ 8. optometrist

_____ 9. dental hygienist

_____ 10. dentist

a. a doctor who treats broken bones

b. a doctor who examines eyes

c. a doctor who cares for and treats teeth and gums

d. a doctor who deals with pregnancy and childbirth

e. a doctor who treats diseases and pain with needles

f. a family doctor who practices general medicine

g. a doctor who treats mental and emotional illnesses

h. a person who cleans teeth and assists a dentist

i. a doctor who treats the heart and heart diseases

j. a doctor who treats children

C Complete the sentences with the correct procedure or equipment.

filling	acupuncture	braces	contact lenses
EKG	crutches	cast	physical

1. You are having some chest pain. You need an EKG.
2. Your foot is broken. I need to put it in a _____.
3. You can't walk on that foot for six weeks. You need to use _____.
4. I know you don't like eyeglasses. You could try _____.
5. You have a cavity. You need a _____.
6. Your front teeth are not straight. You need _____.
7. You are a new patient. You will need a complete _____.
8. I always have this pain in my shoulder. I'm going to try _____.



CD 2
Track 19

D Listen to each doctor. Write the number of each statement next to the correct specialist.

- | | |
|-------------------------------|--------------------------|
| _____ a. general practitioner | _____ e. optometrist |
| _____ b. dentist | _____ f. obstetrician |
| _____ c. cardiologist | _____ g. orthopedist |
| _____ d. acupuncturist | <u>1</u> h. psychologist |

Word Work Small Group

These are six other medical specialists. Discuss what they treat or do. Write a definition for each specialist.

podiatrist	dermatologist	plastic surgeon
neurologist	physical therapist	allergist

Example: **A podiatrist is a doctor who treats people's feet.**

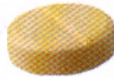


Pharmacy

A Write the name of each item.



1. sterile tape



2. _____



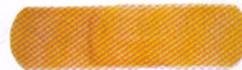
3. _____



4. _____



5. _____



6. _____



7. _____



8. _____

B Read each statement. Check *Good idea* or *Bad idea*.

	Good idea	Bad idea
1. Use an inhaler for allergies.	✓	_____
2. Take cough syrup for a toothache.	_____	_____
3. Take aspirin for a headache.	_____	_____
4. Use antibacterial ointment for a cut.	_____	_____
5. Use an ice pack for a sore throat.	_____	_____
6. Use a humidifier for a cold.	_____	_____
7. Use a nasal decongestant for a stomachache.	_____	_____
8. Take vitamins for more energy.	_____	_____
9. Use a heating pad for a sunburn.	_____	_____
10. Take lozenges for a backache.	_____	_____

C Complete the words.

1. nasal spray
2. hydrogen _____
3. prescription _____
4. warning _____
5. over-the-counter _____
6. knee _____
7. cough _____
8. ice _____

D Give a suggestion for each illness or injury.

1. a cut Use antibacterial ointment and an adhesive bandage.
2. a cold _____
3. a stomachache _____
4. a sore throat _____
5. a fever _____
6. dry eyes _____
7. a cough _____



E Paul sprained his ankle. Listen to the story. Then, listen to the questions and write the number of each question next to the correct answer.

- _____ a. He should take aspirin.
- _____ b. He should use a heating pad.
- 1 _____ c. He should use an ice pack.
- _____ d. He should use a cane.
- _____ e. He should wear an elastic bandage.



Word Work Small Group

What do you do for each illness or injury?

1. When I have a cold, I _____.
2. When I have a fever, I _____.
3. When I have a sore throat, I _____.



Soap, Comb, and Floss

A Write the names of two products for each part of the body.

1. hair: shampoo conditioner
2. nails: _____
3. teeth: _____
4. skin: _____
5. eyes: _____

B Complete the names of these personal care products.

1. curling iron
2. dental _____
3. face _____
4. eye _____
5. disposable _____
6. shaving _____
7. _____ remover
8. _____ dryer
9. electric _____
10. _____ clipper

C Write a response for each problem or situation.

Use some blush.	Try a curling iron.	Maybe you have a dull razor.
Try this lotion.	Use some hairspray.	The tissues are on the counter.
Use conditioner.	Put on some sunscreen.	

1. My hair won't stay in place. Use some hairspray.
2. My skin is dry. _____
3. My face is pale. _____
4. The sun is strong today. _____
5. I have a cold. _____
6. My hair is so straight. _____
7. My hair is hard to comb. _____
8. I didn't get a good shave. _____

D Read each sentence. Check *Likely* or *Unlikely*.

	Likely	Unlikely
1. She's washing her hair with sunscreen.	_____	_____ ✓
2. She's putting blush on her nails.	_____	_____
3. He's shaving with an electric razor.	_____	_____
4. She's putting lipstick on her eyelashes.	_____	_____
5. He's putting deodorant on his hair.	_____	_____
6. She has a cold. She's using a tissue.	_____	_____
7. She's brushing her teeth with conditioner.	_____	_____



CD 2
Track 21

E Listen to Eva's morning routine. Circle the personal care items that she uses.

toothbrush	shampoo	curling iron	blush	nail polish
toothpaste	conditioner	lotion	eyeliner	brush
soap	blow dryer	face powder	deodorant	lipstick

Word Study

Use the notecard method.

- Write each word you want to learn on one side of a notecard.
- On the other side, draw a picture of the word or write the word in your language. Also, write a sentence on the card with the new word.
- Take out the cards once a day and study the new words.
- Add new words. Soon, you will have two piles of notecards: *Words I need to learn* and *Words I only need to review*.

razor



He shaves his face with a razor every morning.