



Fruits and Nuts

A Complete the sentences with the name of a fruit or nut. Some statements have many possible answers.

1. A peach has a large pit.
2. A _____ is the largest fruit.
3. _____ grow under the ground.
4. _____ and _____ are two kinds of berries.
5. You peel a _____.
6. An _____ and a _____ are two citrus fruits.
7. Two tropical fruits are a _____ and a _____.
8. _____ and _____ grow in my country.
9. My favorite fruit is _____.

B Write two kinds of fruit for each category.

- | | <u>avocado</u> | <u>lemon</u> |
|--|----------------|--------------|
| 1. These fruits grow on trees: | _____ | _____ |
| 2. These fruits are ice cream flavors: | _____ | _____ |
| 3. You can eat the skin of these fruits: | _____ | _____ |
| 4. You can't eat the skin of these fruits: | _____ | _____ |
| 5. These fruits are good in pies: | _____ | _____ |
| 6. These fruits make delicious juices: | _____ | _____ |

C Circle the two words that can follow each word or expression.

- | | | | |
|------------------|-----------|----------------|--------------|
| 1. Canned: | lemons | <u>peaches</u> | <u>pears</u> |
| 2. Dried: | apples | cantaloupe | bananas |
| 3. Juicy: | avocados | oranges | plums |
| 4. Peel a: | mango | strawberry | banana |
| 5. Crack open a: | pistachio | walnut | cherry |

- D** Write the names of the fruit in the produce section of the farmers' market.

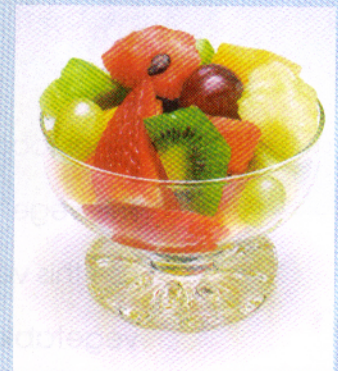


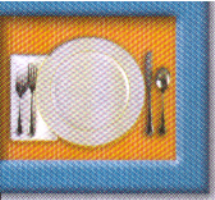
CD 1
Track 42

- E** Listen as the two workers put today's prices on the fruit at the farmers' market in Exercise D. Write the price of each fruit.

Word Work Partners

You are making a fruit salad for your family. Write the recipe.





Vegetables

A Write the name of each vegetable.



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____

B Read the description. Write the name of the correct vegetable from Exercise A.

1. These small, red vegetables are good in salads and soups. In many countries, people cook them with onions and other seasonings. kidney beans
2. This round vegetable is dark red. You cannot eat it raw. You must cook it first.

3. People make pasta sauce with this red vegetable. _____
4. This small vegetable is flavorful and gives a strong taste to sauces, soups, and other foods. _____
5. This vegetable can be red, green, or yellow. The inside is hollow (empty). People use this vegetable in salads and stir-fries, or they stuff it with rice, meat, or other vegetables. _____
6. This green vegetable is the main ingredient in many salads. _____
7. This popular vegetable can be baked, boiled, mashed, or french fried.

8. This long, orange vegetable grows under the ground. _____

C Circle the vegetables that you can peel.



carrots	asparagus	lettuce	squash
spinach	beets	eggplant	green beans
mushrooms	broccoli	sweet potatoes	peas



CD 1
Track 43

D Listen to two friends plan a salad for dinner. Circle the items they will include in the salad.



Word Work Partners

Start with lettuce. What other vegetables do you like in a salad? Write a salad recipe with vegetables you both like.





Meat, Poultry, and Seafood

A Write three cuts of meat that come from each animal.



drumsticks





B Unscramble each word. Write the kind or cut of meat.

1. laasmi _____ salami
2. segl _____
3. brsi _____
4. teaks _____
5. cudk _____

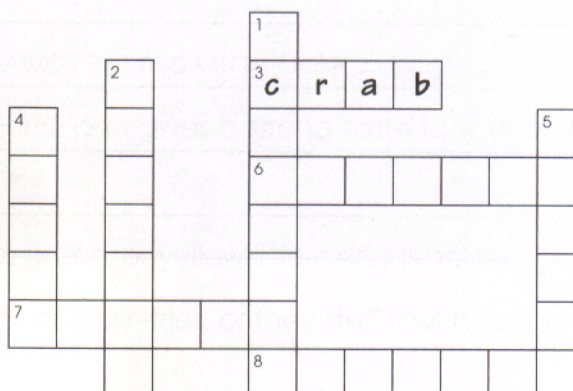
6. ahm _____
7. gsinw _____
8. sssgaue _____
9. keyrut _____
10. cckenih _____

C Complete the crossword puzzle.

Across



Down



D Complete the sentences with a kind of meat, poultry, or seafood.

1. I have never tried _____.
2. How do you like your steak? I like it _____.
3. At times, it's difficult to find _____ in the supermarket.
4. Lean meat is healthier for you than _____ meat.
5. Seafood is healthier than _____ because it contains very little fat.
6. _____ is my favorite meat.
7. _____ is my favorite seafood.



CD 1
Track 44

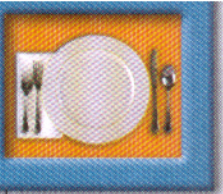
E Complete the sentences with the meat, poultry, or seafood you hear.

1. We're having _____ française tonight.
2. The special tonight is _____.
3. I'd like a _____ sandwich.
4. A _____ sandwich, please.
5. We're having _____ for dinner tonight.
6. I'll cook some _____ on the grill.
7. I'm going to make meatballs with this _____.
8. The _____ in that restaurant are delicious.
9. My brother is a fisherman. He often brings home fresh _____.

Word Work Partners

Which kind of meat, poultry, or seafood do you like best? Compare your answers with your partner.

1. I like _____ salad.
2. I like _____ sandwiches.
3. I like _____ soup.
4. I like _____ on the grill.



Inside the Refrigerator

A Write the names of eight dairy products in the refrigerator in the dictionary.

milk

_____	_____
_____	_____
_____	_____
_____	_____



Dairy products are made from milk.

B Match the question and answer.

- | | |
|---|-------------------------|
| <u> c </u> 1. What kind of soda do you drink? | a. ham and roast beef |
| _____ 2. What kind of ice cream do you like? | b. cheddar |
| _____ 3. What kind of cold cuts do you like? | c. cola |
| _____ 4. What kind of cheese do you buy? | d. grape and strawberry |
| _____ 5. What kind of juice do you drink? | e. vanilla |
| _____ 6. What kind of salad dressing do you buy? | f. skim |
| _____ 7. What kind of jam do you buy? | g. potato |
| _____ 8. What kind of frozen vegetables do you buy? | h. peas and green beans |
| _____ 9. What kind of milk do you drink? | i. orange |
| _____ 10. What kind of salad do you like? | j. Italian |

C Draw a line from each item to the correct label of ingredients.

mayonnaise

Carbonated water, corn syrup, sugar, caramel color, caffeine

ketchup

Oil, eggs, vinegar, salt, sugar, lemon juice

dressing

Milk, sugar, strawberries

yogurt

Tomatoes, vinegar, corn syrup, salt, spices

soda

Water, vinegar, oil, sugar, seasonings

D Complete the sentences.

1. I sometimes eat _____ for breakfast.
2. When I'm thirsty, I like to drink _____.
3. _____ is good for dessert.
4. I put _____ on my salad.
5. I put _____ on waffles.
6. I like _____ eggs.
7. I like _____ cheese.
8. I sometimes have _____ salad for dinner.
9. I have never eaten _____.



CD 1
Track 45

E Listen to this couple write a list of items they need to buy at the supermarket. Check *Buy* or *Don't buy*.

	Buy	Don't buy
1. mayonnaise	✓	_____
2. yogurt	_____	✓
3. eggs	_____	_____
4. syrup	_____	_____
5. cheese	_____	_____
6. salad dressing	_____	_____
7. milk	_____	_____
8. jam	_____	_____
9. ice cream	_____	_____



Word Work Partners

Circle the items you have in your refrigerator. Write the names of three more items in your refrigerator.

milk	cheese	tofu	_____
eggs	mayonnaise	cold cuts	_____
yogurt	soda	butter	_____



Food to Go

A Circle the correct word.

1. I'd like a (straw slice) of pizza.
2. I'd like two (tacos beans).
3. An order of refried (beans donuts), please.
4. I need (a straw ketchup) for my soda.
5. I'd like some (ketchup tea) for my hamburger.
6. A small order of (mustard french fries) with my hamburger, please.
7. I'd like (tea salsa) to drink.
8. What kind of (rice muffin) would you like, corn or blueberry?
9. I'd like milk and sugar in my (spaghetti coffee).

B Complete the sentences about the calories and fat in these foods.



(one cup)



(per roll)



(per slice)



Calories:	140	440	300	290	310
Fat (mg):	5	21	11	10	18

1. A hamburger has _____ calories.
2. Two slices of pizza have _____ calories.
3. Two egg rolls have _____ calories.
4. A hamburger has _____ mg of fat.
5. Two cups of spaghetti have _____ mg of fat.
6. A slice of pizza has more calories than _____.
7. A hot dog has less fat than _____.
8. The healthiest choice for lunch is _____.

C Look at the menu. Figure out the cost of each order below.

Debbie's Diner			
Hamburger	\$5.00	Muffin	\$2.00
Hot Dog	\$3.00	Donut	\$1.25
Fish and Chips	\$8.00	Bagel	\$1.50
Chicken Sandwich	\$6.00	Coffee	\$1.00
Ham Sandwich	\$6.50	Tea	\$1.00
French Fries	\$2.00	Soda	\$1.25



1. _____



2. _____



3. _____



CD 1
Track 46

D Listen to each question. Circle the letter of the correct response.

1. ☒ a. black b. a tortilla
2. a. ketchup b. a straw
3. a. medium b. salsa
4. a. fried b. large
5. a. soy sauce b. tea
6. a. chopsticks b. french fries
7. a. salsa b. a burrito
8. a. large b. baked

Word Work **Small Group**

Discuss or write the answers.

1. What fast food restaurants are in this area?
2. How often do you eat at a fast food restaurant?
3. What is your favorite fast food restaurant?
4. What do you usually order there?



Cooking

A Complete the sentences.

Grate	Grease	Puree	Simmer
Roast	Season	Sauté	Slice

1. Season the chicken with salt and pepper.
2. _____ the onions with a sharp knife.
3. _____ the turkey for three hours at 350°.
4. _____ the soup for two hours.
5. _____ the onions and peppers in oil in a frying pan.
6. _____ the strawberries, milk, and yogurt in a blender.
7. _____ 1/2 cup of cheddar cheese.
8. _____ two cake pans.

B Read the directions. Check *Possible* or *Not possible*.

	Possible	Not possible
1. Peel the lettuce.	_____	<u>✓</u>
2. Bake the cake.	_____	_____
3. Boil the cookies.	_____	_____
4. Slice the tomato.	_____	_____
5. Sift the strawberries.	_____	_____
6. Scramble the eggs.	_____	_____
7. Measure the flour.	_____	_____

C Write a food that you prepare each way.

1. I grill _____.
2. I roast _____.
3. I microwave _____.
4. I marinate _____.

5. I bake _____.

7. I simmer _____.

6. I steam _____.

8. I broil _____.

D Circle the correct directions in the recipe.

Blueberry Banana Pancakes

2 cups pancake mix

2 eggs

1 large banana

3 tablespoons oil

1 3/4 cups milk

1 cup blueberries



(Grease Season) a large frying pan. (Marinate Puree) the banana in a blender for 30 seconds. (Cook Add) the eggs, milk, and oil and puree for 30 more seconds. Put the pancake mix into a large bowl. (Whisk Peel) the wet and dry ingredients together. Gently (sift stir) in the blueberries. (Cook Roast) the pancakes for one to two minutes on each side. Top the pancakes with more blueberries.



CD 1
Track 47

E Listen and complete the recipe.

Chili

1 onion

2 teaspoons cumin

1 tablespoon olive oil

1 1/2 cups of crushed tomatoes

1 pound ground beef

1 15-ounce can kidney beans

2 tablespoons chili powder



1. Chop the onion. _____ in olive oil for five minutes.
2. _____ the ground beef and _____ for five more minutes.
3. _____ the chili powder and cumin.
4. _____ in the tomatoes and beans. _____ for twenty minutes.

Word Work Small Group

People prepare rice many different ways. Write or explain one of your family's favorite recipes with rice.



Cooking Equipment

A Look in your dictionary. Check the location of each item.

	on the wall	on a shelf	on the island	on the stove
hand mixer	_____	_____	✓	_____
mixing bowl	_____	_____	_____	_____
wok	_____	_____	_____	_____
grill	_____	_____	_____	_____
cake pan	_____	_____	_____	_____
frying pan	_____	_____	_____	_____
casserole	_____	_____	_____	_____

B Look in your dictionary. Complete the names of the cooking equipment.

1. a cutting _____
2. a vegetable _____
3. _____ cups
4. a can _____
5. a cookie _____
6. a cake _____
7. a set of _____
8. a mixing _____

C Ask about the location of the item you need for each job.

1. Please open this can. Where is the can opener?
2. Please peel the carrots. _____
3. Please grate the cheese. _____
4. I need one teaspoon of salt. _____
5. This needs to cook for one hour. _____
6. Please turn the hamburgers. _____
7. I need a half cup of flour. _____
8. Please cut the potatoes. _____
9. Please open this bottle. _____

D Write five items from your dictionary in each group.

I use this item every day.

I use this item once a week.

I seldom use this item.

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



CD 1
Track 48

E Listen to each statement. Write the number of the correct item under each picture.

a.



b.



c.



d.



e.



f.

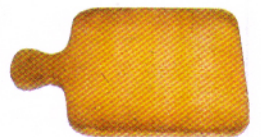


1

g.



h.



Word Work Small Group

You are making the following items. List the cooking equipment you will need.

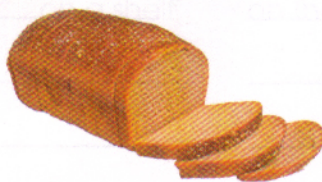
A cake: _____

Scrambled eggs: _____



Measurements and Containers

A Write the word for each item. Use a measure or container.



1. a bunch of bananas 2. _____ 3. _____



4. _____ 5. _____ 6. _____



7. _____ 8. _____ 9. _____

B Cross out the measurement or container that cannot hold each item.

- | | | | | |
|--------------|----------------|----------|--------|-----------|
| 1. flowers: | bar | bouquet | bunch | basket |
| 2. soda: | can | six-pack | tray | bottle |
| 3. potatoes: | bag | tube | basket | crate |
| 4. cookies: | box | tray | quart | bag |
| 5. tea: | basket | cup | pot | container |
| 6. oranges: | pile | basket | jar | crate |
| 7. water: | gallon | bag | quart | cup |
| 8. flour: | bag | gallon | cup | teaspoon |

C Complete the sentences with a container. There are several correct answers.

1. We don't have any milk. I'll buy a quart.
2. We don't have any soup. _____
3. We don't have any blueberries. _____
4. We don't have any bread. _____
5. We don't have any rice. _____
6. We don't have any apple juice. _____
7. We don't have any mayonnaise. _____

D Circle the amount that is larger.

1. a. one teaspoon **b. one tablespoon**
2. a. one cup b. one tablespoon
3. a. one pint b. one cup
4. a. one cup b. one quart
5. a. one quart b. one ounce
6. a. one gallon b. one quart
7. a. one cup b. one liter



CD 1
Track 49

E Listen to each question. Circle the amount each person should buy.

- | | |
|--------------------------------------|--|
| 1. a. one quart b. one basket | 5. a. one loaf b. one jar |
| 2. a. two bunches b. two bars | 6. a. one six-pack b. one tray |
| 3. a. one bag b. one bottle | 7. a. one piece b. one carton |
| 4. a. two pots b. two pounds | 8. a. four crates b. four containers |

Word Work Partners

How much of each item do you usually buy each week?

Who buys more of each item?

- | | | |
|---------|----------|---------|
| 1. milk | 3. bread | 5. eggs |
| 2. soda | 4. juice | 6. rice |



Supermarket

A Look at the picture of the supermarket in the dictionary.
Circle **T** if the statement is true. Circle **F** if the statement is false.

- | | | |
|--|---|----------|
| 1. There are six aisles in the supermarket. | T | F |
| 2. The deli counter is on the right. | T | F |
| 3. There is a scale on the deli counter. | T | F |
| 4. The produce department is in the back. | T | F |
| 5. Six customers are using shopping carts. | T | F |
| 6. The three cashiers are busy. | T | F |
| 7. The bagger is putting the groceries in a plastic bag. | T | F |

B Add one more item to each section of a supermarket.

- | | | |
|------------------------|--------------|-------|
| 1. canned goods: | soup | _____ |
| 2. dairy products: | yogurt | _____ |
| 3. frozen foods: | ice cream | _____ |
| 4. bakery: | cake | _____ |
| 5. deli counter: | potato salad | _____ |
| 6. paper products: | toilet paper | _____ |
| 7. household cleaners: | dish soap | _____ |

C Complete the story.



Sylvia stopped at the supermarket yesterday to shop for groceries for dinner. In the produce section, she chose some tomatoes and lettuce. In the _____ section, she bought some chicken. She stopped in the _____ aisle for soda. In the _____ section, she picked up milk and cheese. She also stopped in the _____ aisle to buy toilet paper and

napkins. The supermarket wasn't busy, so she didn't have to wait in line. She put her groceries on the _____. The cashier used the _____ to scan her items. The _____ put her groceries in two _____ bags.

D Put the steps in order.

- _____ The customer pays the cashier.
- 1 _____ The customer takes a shopping cart.
- _____ The bagger puts the groceries in plastic or paper bags.
- _____ The customer walks up and down the aisles and shops for groceries.
- _____ The customer goes to the checkout counter.
- _____ The cashier uses a barcode scanner to total the groceries.



CD 1
Track 50

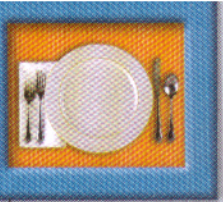
**E Listen to a customer ask about the location of each item.
Circle the letter of the correct section.**

- | | | |
|-----------------------|-------------------|-----------------------|
| 1. <u>a.</u> pet food | b. beverages | c. bakery |
| 2. a. canned goods | b. paper products | c. deli counter |
| 3. a. dairy products | b. frozen foods | c. household cleaners |
| 4. a. paper products | b. canned goods | c. deli counter |
| 5. a. produce | b. dairy products | c. meats and poultry |
| 6. a. pet food | b. beverages | c. meats and poultry |
| 7. a. produce | b. canned goods | c. paper products |
| 8. a. deli counter | b. bakery | c. frozen foods |

Word Work Small Group

Discuss or write the answers.

1. How often do you go to the supermarket?
2. Which supermarket do you usually shop at?
3. Does it have a good produce section?
4. Does it have a bakery?
5. What kind of snacks do you sometimes buy?
6. Does the supermarket have barcode scanners at the checkout counters?



Restaurant

A Look in your dictionary. Write each word in the correct group.

bowl	appetizer	dessert	waiter
waitress	glass	main course	cup
plate	busser	chef	salad

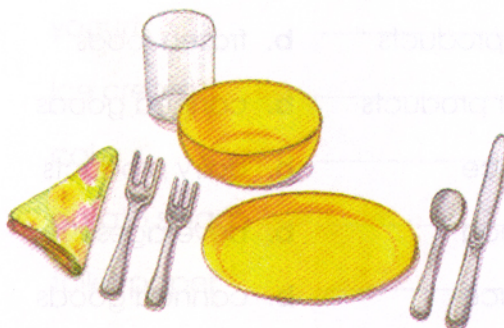
The Meal

appetizer

People

Dishes

B Read the instructions for setting a dinner table. Did the person who set the table follow the instructions? Circle **Yes** or **No**.



- Put the dinner plate in the center of the setting. Yes No
- Put the soup bowl on the dinner plate. Yes No
- Put the knife next to the plate, on the right. Yes No
- Put the soup spoon to the right of the knife. Yes No
- Put the dinner fork next to the plate, on the left. Yes No
- Put the salad fork to the left of the dinner fork. Yes No
- Put the napkin to the left of the fork. Yes No
- Put the water glass above the knife. Yes No
- Put a saltshaker and a pepper shaker on every table. Yes No



CD 1
Track 51

C Listen and write the name of the item that each customer is requesting.

1. _____ high chair
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Word Work Partners

Put the restaurant items in pairs. Explain why the items belong together.



1. Pair: _____ sugar bowl _____ and _____ creamer _____

Reason: _____ Many people put sugar and cream in their coffee. _____

2. Pair: _____ and _____

Reason: _____

3. Pair: _____ and _____

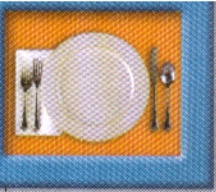
Reason: _____

4. Pair: _____ and _____

Reason: _____

5. Pair: _____ and _____

Reason: _____



Order, Eat, Pay

A Circle the letter of the sentence with the same meaning.

1. A waitress is putting dishes and glasses on a table.
a. She's setting the table. **b.** She's clearing the table.
2. A customer is deciding what to order for dinner.
a. He's taking an order. **b.** He's looking at the menu.
3. A waiter is giving each person his or her order.
a. He's setting the table. **b.** He's serving the meal.
4. A waiter is pouring more water in the glasses on the table.
a. He's refilling the glasses. **b.** He's spilling the water.
5. A waiter is cleaning the table with a cloth.
a. He's spilling a drink. **b.** He's wiping the table.
6. Two customers are eating a piece of cake.
a. They're ordering dessert. **b.** They're sharing dessert.

B Circle two words that can follow each verb.

- | | | | |
|----------------|---------------|------------|---------------|
| 1. pour: | <u>water</u> | a meal | <u>coffee</u> |
| 2. serve: | a meal | a dessert | a tip |
| 3. compliment: | the waiter | the cook | the check |
| 4. spill: | a reservation | a drink | coffee |
| 5. ask for: | the check | a menu | a customer |
| 6. refill: | the water | the coffee | the table |

C Amy is at a restaurant. What is she doing?

- | | |
|--|--------------------------------------|
| 1. "The food is delicious." | <u>She's complimenting the chef.</u> |
| 2. "I'm leaving the waiter \$10." | _____ |
| 3. "I'd like a table for two people for 7:00." | _____ |

4. "I'd like the check, please." _____

5. "Here's my credit card." _____

6. "I'd like a salad and steak." _____

7. "A piece of cake and two forks, please." _____



CD 1
Track 52

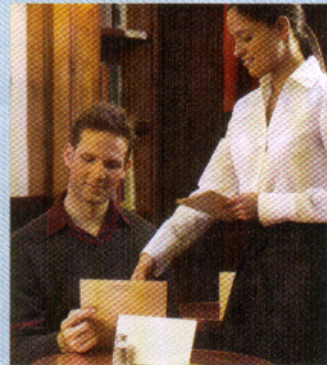
D Listen to the story of Luis's first night as a waiter. Then, read each statement and circle True or False.

- | | | |
|--|-------------|-------|
| 1. Mr. and Mrs. Park made a reservation at the restaurant. | <u>True</u> | False |
| 2. Luis waited on Mr. and Mrs. Park. | True | False |
| 3. Mr. Park ordered a large pizza with sausage. | True | False |
| 4. Luis spilled water on the table. | True | False |
| 5. Mr. Park complimented the waiter. | True | False |
| 6. The manager thanked the server. | True | False |
| 7. Mr. Park paid the check. | True | False |
| 8. Mr. Park left a big tip for Luis. | True | False |

Word Work Small Group

Discuss or write the answers.

1. How often do you eat out?
2. What kind of food do you like?
3. What is your favorite restaurant in this area?
4. How is the service?
5. Do you sometimes share a salad or dessert?
6. Did you ever take home a doggie bag?
7. How much tip do you leave for the server?



Word Study

It is normal to try to translate new words into your first language. After you hear a word a few times, form a relationship between the word and the picture in your mind. For example, after you learn the word "vase," don't continue to translate the word. Try to see a picture of a vase with flowers in it.

